

Jeroen: Where are you?

Cathy: It feels like a suburb. A suburb.

Jeroen: It seems like a city?

Cathy: Like a suburb of a city.

Jeroen: Are you seeing houses or streets?

Cathy: Like houses.

Jeroen: What cars do they have?

Cathy: They are old cars, kind of like dull colors, not bright colors, like old style cars.

Jeroen: Are there many of them or a few?

Cathy: There are cars in the streets, but not a lot of cars.

Jeroen: What about the houses, do they have one story or more stories?

Cathy: A few stories - some trees - lots of trees.

Jeroen: What is the weather like? Is it warm or cold?

Cathy: Warm. Yeah, the sun's out.

Jeroen: Are you looking at one street or more streets?

Cathy: It's kind of like a house.

Jeroen: What does it look like?

Cathy: I can't see it so clearly.

Jeroen: What do you see? Is it a big house or a small house?

Cathy: Small.

Jeroen: Is it a stand-alone house or attached?

Cathy: Like attached.

Jeroen: So, it's like a row of houses?

Cathy: Yeah, but not fancy (giggle).

Jeroen: Is it more like a middle-class neighborhood?

Cathy: Yeah.

Jeroen: Is there like a little yard?

Cathy: Yeah, a small yard, a kitchen that looks out at the little yard.

Jeroen: So, what does this house feel like when you look at it? What kinds of feelings do you have?

Cathy: It feels like a mother feeling, I get a feeling of a baby and a mother.

Jeroen: Okay, so let's go inside and see the house. What do you see when you walk into the house?

Cathy: An old black chair.

Jeroen: Do you walk right into the living room of that house?

Cathy: Yeah.

Jeroen: What else do you see?

Cathy: I just get a feeling of being a mother. I keep being drawn to the kitchen (laugh).

Jeroen: Go into the kitchen and see what's there? Where is the stove?

Cathy: It's like a black stove.

Jeroen: Can you reach out and touch it? Is it cold?

Cathy: Yeah, it's kind of cold, an iron stove.

Jeroen: Look at your arm as you're touching it. What does your arm look like?

Cathy: Pudgy, white and pudgy (laughing).

Jeroen: Look farther up your arm. Are you wearing any clothes?

Cathy: Like an apron, I guess.

Jeroen: What color?

Cathy: White with flowers.

Jeroen: What kind of body do you have? Are you skinny or a little?

Cathy: Kind of round - a little round. I feel heavy.

Jeroen: Are you tall or short?

Cathy: Tall.

Jeroen: Do you feel heavy as in like big bones or?

Cathy: I feel like weight, like weight in my face, weight in my stomach, in my arms.

Jeroen: Does your body feel old or young?

Cathy: Just heavy - young, but heavy.

Jeroen: How about health, does your body feel healthy and strong?

Cathy: Yeah, strong. Yeah.

Jeroen: So, what are you wearing underneath your apron? What other clothes are you wearing?

Cathy: A long dress.

Jeroen: Is it like a fine material or?

Cathy: No, just kind of like cotton. Big shoes (laughing).

Jeroen: Big shoes?

Cathy: Boots type shoes, big heavy shoes

Jeroen: What color are they?

Cathy: Brown.

Jeroen: They don't look like they are made for going out?

Cathy: For working.

Jeroen: So, look at your face. What does your face look like?

Cathy: Round (*8 minutes*)

Jeroen: Does your face look friendly or happy or worried?

Cathy: Very serious, but ..

Jeroen: What kind of features do you have? Are you darker or blonde?

Cathy: Kind of brown hair.

Jeroen: How is the hair? How do you wear it?

Cathy: Pulled up, pulled back, kind of a bun

Jeroen: Are you wearing anything on your head?

Cathy: No, but my body feels tired.

Jeroen: Like from working, doing a lot?

Cathy: From working. It still feels like I'm in the kitchen.

Jeroen: See yourself doing what you do in the majority of your time?

Cathy: Cooking, cleaning, carrying things

Jeroen: Mostly indoors?

Cathy: Yeah, mostly indoors.

Jeroen: What about jewelry? Are you wearing any jewelry?

Cathy: Maybe glasses, but not jewelry really.

Jeroen: So, it sounds like you are working very hard in the house - cleaning and cooking carrying things?

Cathy: Ironing.

Jeroen: Ironing as well. That's a lot of work. How do you feel about that work?

Cathy: I feel strong.

Jeroen: Do you like the work that you do?

Cathy: Yeah.

Jeroen: Well, that's good that you found something that you like to do.

Cathy: Yeah.

Jeroen: So, see the other people if you live with anybody in the house. See them sitting with you having a meal. What does that look like?

Cathy: Sitting at a table. Two men, a boy and a man. But the man doesn't look tall, not so tall

Jeroen: Not so tall as you are? So, your man is shorter than you?

Cathy: Or just the same.

Jeroen: How do you feel about him?

Cathy: The man seems like not engaged. Just kind of doing his own thing.

Jeroen: How does that cause you to feel about him? Do you feel close to him? Do you love him?

Cathy: Yeah, but the boy.

Jeroen: There's a boy too?

Cathy: The boy is wearing boots too and high socks. Those pants that go to your knees.

Jeroen: Knickerbockers?

Cathy: Yeah, knickerbockers. Exactly. A hat.

Jeroen: It sounds like he is pretty smartly dressed.

Cathy: Yeah.

Jeroen: Is it for a special occasion or for every day?

Cathy: It's for school.

Jeroen: Could that be like a uniform?

Cathy: I don't know. Maybe.

Jeroen: How do you feel about the boy?

Cathy: The boy, I love.

Jeroen: Is he yours?

Cathy: Yeah.

Jeroen: You're his mom?

Cathy: Yeah.

Jeroen: What does he look like?

Cathy: He's handsome. He is probably like nine years old or so.

Jeroen: How does the boy call you?

Cathy: Mama (laughing).

Jeroen: What does the man call you? How does he address you?

Cathy: Mama (laughing more).

Jeroen: Is he your husband?

Cathy: Yeah.

Jeroen: Does your husband love your kid as well?

Cathy: Yeah, yeah.

Jeroen: So, how do you feel about your family? Are you happy with them?

Cathy: Yeah.

Jeroen: And you say you like doing the work you do. It sounds like a pretty good life you're having.

Cathy: Yeah, I think it rains a lot too.

Jeroen: Is it gloomy outside or just very wet?

Cathy: Not right now, but it rains a lot and makes it green.

Jeroen: That's lovely. Do you have friends in the neighborhood that you talk to?

Cathy: Yeah, but it seems like a lot of yelling. The neighborhood is not real nice, kind of loud.

Jeroen: So, a lot of people? Territorial?

Cathy: Yeah, not a lot of money.

Jeroen: I see. So people are stretched?

Cathy: Yeah.

Jeroen: So, do you guys have a car? Do you drive around or how do you get about?

Cathy: No. Just walking.

Jeroen: Does your husband leave the house to work? Or what does he do?

Cathy: He is at home a lot. He smokes.

Jeroen: He smokes? Inside the house?

Cathy: Maybe a pipe too, in the house.

Jeroen: Where does he sit when he smokes?

Cathy: In that chair, the black chair. In the living room there is like an old stove oven.

Jeroen: Is that also how you keep you warm?

Cathy: Yeah, I think so.

Jeroen: What about religion, do you go to church at all?

Cathy: No, we're not too social.

Jeroen: You're not too social, you kind of stick to yourself?

Cathy: Yeah.

Jeroen: So, what about you? So, you work in the house a lot. Do you have any fun activities? What do you like to do?

Cathy: I play cards.

Jeroen: Who do you play with?

Cathy: Some girlfriends.

Jeroen: Are they from the neighborhood or further away?

Cathy: Yeah, in the neighborhood. Sometimes at my house.

Jeroen: And that's fun?

Cathy: Yeah.

Jeroen: What about your little boy? He goes to school - does he do anything else? Any other activities?

Cathy: He has friends that he plays. They like to play outside.

Jeroen: What do they like to play?

Cathy: They play with lots of balls (laughing). Lots of sports - outside running.

Jeroen: Does he seem happy?

Cathy: Yeah.

Jeroen: What do you call your little boy?

Cathy: I can't tell.

Jeroen: It's okay. Are you affectionate with him? Do you hug him and stuff?

Cathy: Yeah.

Jeroen: When you're hugging him, what do you tell him?

Cathy: Meine Liebe? Like it's German.

Jeroen: Like Meine Schatz?

Cathy: Yeah. Something like that - lieb. He's a good boy.

Jeroen: Does he do well in school?

Cathy: Yeah.

Jeroen: And does he have many friends?

Cathy: Yeah.

Jeroen: Does he talk to you about what he wants to do in his life?

Cathy: He likes to have fun and play - works hard.

Jeroen: You said it rains a lot outside, huh?

Cathy: Yeah.

Jeroen: What country are we in?

Cathy: In the United States.

Jeroen: Where?

Cathy: In the East Coast, like near New York, but not in the city.

Jeroen: A little bit outside somewhere?

Cathy: Yeah.

Jeroen: Do you ever go to the city?

Cathy: Yeah.

Jeroen: What city do you go to?

Cathy: On the train - like trolley cars.

Jeroen: Like streetcars?

Cathy: Yeah, like a streetcar.

Jeroen: What city do you go to?

Cathy: New York.

Jeroen: So you live not too from the city?

Cathy: Yeah.

Jeroen: So, do you live in New Jersey or Stanton Island?

Cathy: I don't think there's a lot of water right there.

Jeroen: So, you live more inland?

Cathy: Yeah.

Jeroen: And it rains all the time?

Cathy: Yeah. And in the summer it's hot. I always wear a lot of clothes anyway though (laughing) when it's hot.

Jeroen: Why is that?

Cathy: I have always long clothes on.

Jeroen: Is that something you like or is it something that's expected?

Cathy: It's hot (laughing). I just have to wear it.

Jeroen: Why can't you just take some clothes off? That's not good?

Cathy: Nope.

Jeroen: Why?

Cathy: Because I'm just kind of heavy. I just need to cover up.

Jeroen: Because you're heavy?

Cathy: Yep (with sadness).

Jeroen: You'd rather be skinny?

Cathy: Yep.

Jeroen: I'm sorry. I bet your boy doesn't care what you look like. I bet he loves you to pieces.

Cathy: Yep.

Jeroen: Are you guys planning on having more kids?

Cathy: No.

Jeroen: Just one's enough?

Cathy: I tried to having other kids, but couldn't (sadness in voice).

Jeroen: It just didn't happen or did you go see a doctor?

Cathy: I had a miscarriage.

Jeroen: I'm sorry to hear that. That must have been hard.

Cathy: Yeah, but now I think I'm too old.

Jeroen: Are you too old to have babies?

Cathy: Yeah.

Jeroen: Well, you've got one right there.

Cathy: Yeah (happy).

Jeroen: So, let's leave this scene. On the count of three, you will be in the next important scene in this lifetime, whatever you consider to be important. One, two, three . . . what's happening now?

Cathy: In the city. It's like a big grass parking lot.

Jeroen: What are you doing there?

Cathy: It's like a baseball place.

Jeroen: So, why are you at a parking lot?

Cathy: We're walking.

Jeroen: Did you just park the car or something?

Cathy: We might have taken a train.

Jeroen: Where are you walking?

Cathy: I'm with my husband and we're walking. We're kind of dressed up - we're walking to the stadium.

Jeroen: You say you're dressed up. What are you wearing?

Cathy: Kind of like a long dress, but a better dress and I have a hat and purse.

Jeroen: Is it an elaborate hat or just a small hat?

Cathy: Kind of a round hat with white on it - a big brim.

Jeroen: Is your dress colorful or is it sort of muted colors?

Cathy: It's kind of muted, but it's spring - spring.

Jeroen: What about your husband? How is he dressed?

Cathy: He has on a coat and a hat - dark colors.

Jeroen: What about your shoes. What kind of shoes are you wearing?

Cathy: I think I have on closed toed shoes, but not boots. My feet and my ankles feel heavy.

Jeroen: Because you're up so much you mean?

Cathy: Yeah, I have heavy, heavy ankles (laughing).

Jeroen: It must be exciting that you're dressed up and it's a special occasion though.

Cathy: Yeah.

Jeroen: What about your husband. How do you address him?

Cathy: He just kind of wears the same thing all of the time (laughing). He just wears pants and a shirt and a belt.

Jeroen: How do you address him?

Cathy: Oh address him, oh, okay.

Jeroen: How do you get his attention?

Cathy: Heinrich.

Jeroen: Do you guys speak English or do you speak German at home?

Cathy: German, Deutsch.

Jeroen: So, it sounds like you guys are going to see a game. Is that where you are doing?

Cathy: Yeah. It's a stadium made of iron- levels, big structures.

Jeroen: And is it right in the city or outside of the city?

Cathy: It's near the city. It's far from us.

Jeroen: So, you had to travel a little way to get there?

Cathy: Yeah.

Jeroen: So, where is your boy? He didn't want to come with you guys?

Cathy: He's playing in the game so we're gonna watch him.

Jeroen: Oh my god, that's so exciting!

Cathy: I know.

Jeroen: Are you guys excited?

Cathy: Yeah.

Jeroen: Is he doing well?

Cathy: Yeah.

Jeroen: Wow.

Cathy: He's new though.

Jeroen: Is it one of the first games he's playing in?

Cathy: Yeah.

Jeroen: That sounds very exciting. So, did he tell you how he feels about playing?

Cathy: Yeah. He always wanted to do that.

Jeroen: That must be very exciting for him. How does that feel, being his mom when you see your boy?

Cathy: I wish he would have finished school though (laughing).

Jeroen: He hasn't finished school?

Cathy: No.

Jeroen: Did he drop out of school?

Cathy: He did. The baseball people came in. They got him (both laughing).

Jeroen: Did they come to school or to the house?

Cathy: Yeah. They came and watched him play.

Jeroen: At like a school tournament or something?

Cathy: Yeah. It's a college.

Jeroen: So, that's what they do I take it. They send scouts to watch him play?

Cathy: Yeah. They got him!

Jeroen: They got him?

Cathy: Yeah, (laughing together).

Jeroen: So did you and your husband have conflict about it or was it pretty much a sealed deal?

Cathy: It's okay. It's okay.

Jeroen: Did you know the sport at all? Was it a sport that you were familiar with that you liked? Had you been to some games before?

Cathy: Yeah, yeah. He played it as a boy. They played with wooden sticks sometimes.

Jeroen: Oh yeah, because you guys didn't have any bats?

Cathy: Yeah, when he was a kid.

Jeroen: So, he was pretty much determined to play?

Cathy: Yeah, so.

Jeroen: I can imagine that was a pretty important day seeing your boy play - that's big. So, do you get any special seats or anything?

Cathy: Yeah. Kind of, not too close. We can see him.

Jeroen: What does the uniform look like?

Cathy: White with stripes.

Jeroen: What number does he have?

Cathy: Four.

Jeroen: Do the teams have different colors or is it not that way with baseball?

Cathy: I think the other team is red.

Jeroen: So it's red and blue?

Cathy: His is white and blue, but the other team they're playing is red, like maybe the Cardinals or something like that - red.

Jeroen: And what team does he play on?

Cathy: It's the Yankees - it's New York. They have on the short pants, like knickerbocker type pants.

Jeroen: That's the Yankees, that's not the other team?

Cathy: Yeah, they do too. They have on like grey pants.

Jeroen: And they're short or long?

Cathy: They're short too.

Jeroen: So, he's playing for the Yankees. Is it an exciting match you are watching?

Cathy: Yeah.

Jeroen: How does he do?

Cathy: He's good. He's a good hitter. He's good at catching and throwing.

Jeroen: Does he play a special position in the field?

Cathy: He's on first base, so when I sit on that side, I can see pretty good.

Jeroen: Do you guys have any snacks while you're watching the game?

Cathy: Yeah. We have these nuts. They cook these nuts that we can eat. They're pretty good. They cook 'em.

Jeroen: Like peanuts?

Cathy: Yeah, but they're hot

Jeroen: Like spicy?

Cathy: Just hot - they cook the nuts, like chestnut kind of things.

Jeroen: Do they come out to the seats and offer them or do you have to go out and get them?

Cathy: Get 'em.

Jeroen: What about drinks. Are you drinking anything?

Cathy: Maybe a cola.

Jeroen: Do you like drinking cola?

Cathy: Yeah.

Jeroen: What about the scoreboard? What does the scoreboard look like?

Cathy: It's like um, kind of small, like small. But we have numbers that have to be changed. Like they have to change the numbers like that every time. Like a person does it. It's not electric.

Jeroen: Do they slide in or do they have a hook?

Cathy: It seems like they slide 'em in.

Jeroen: So, let's fast forward to when the game's done. Who won the game?

Cathy: The Yankees (sounding happy).

Jeroen: The Yankees won? So, your boy was part of the winning team?

Cathy: Yeah. Yep.

Jeroen: How did he do?

Cathy: He hitted - he hit one over the fence.

Jeroen: No way!

Cathy: Yep, yep (proudly laughing).

Jeroen: So, what happened when he did that? Did the crowd go crazy?

Cathy: Yeah. And he's a gentleman.

Jeroen: What do you mean?

Cathy: He's humble.

Jeroen: He doesn't get all cocky?

Cathy: Nope.

Jeroen: So he was pretty important to them in winning the game it sounds like?

Cathy: Yep.

Jeroen: So, what do you happens after the game is done? What do you guys do?

Cathy: Go eat some food.

Jeroen: At what kind of place?

Cathy: The city. Drink beer.

Jeroen: Do you drink beer as well?

Cathy: Yeah.

Jeroen: Do you like it?

Cathy: Yeah!

Jeroen: So no cola now, huh (laughing)?

Cathy: Nope (laughing together).

Jeroen: So is it just the three of you or are you together with other families?

Cathy: Yeah, just us.

Jeroen: Do you ever talk to the people who run the team or have contact with them?

Cathy: Not too much. Some of the players - visit sometimes.

Jeroen: You visit their families?

Cathy: No, they come over.

Jeroen: What about like the people that run the business of the team?

Cathy: Not so much.

Jeroen: It's just a different level that you don't really hang out with?

Cathy: Yeah.

Jeroen: What about your son, is he dating anybody?

Cathy: No, not really.

Jeroen: Is he so much involved in his game that he doesn't have time?

Cathy: And he lives at home.

Jeroen: How old is he now?

Cathy: Twenty-two.

Jeroen: That's still pretty young. Has he been going out with girls at all?

Cathy: No.

Jeroen: How would you feel about it if he did?

Cathy: It would be okay.

Jeroen: I imagine you would be a little protective of that as his mom?

Cathy: Yeah.

Jeroen: Your little boy.

Cathy: Yeah (laughing).

Jeroen: This is good to see this scene. So, leaving this scene. Drifting and floating away from this scene. On the count of three, you will be in the next important scene to look at in the life of this woman, whatever you consider to be important. One, two, three. What's going on now?

Cathy: This is the day when he retires (upset).

Jeroen: When who retires?

Cathy: My son.

Jeroen: How old is he now?

Cathy: Thirty-nine.

Jeroen: Why does he retire?

Cathy: His body is sick.

Jeroen: It's sick?

Cathy: Yeah.

Jeroen: What's going on with it?

Cathy: He can't run. He can't hit.

Jeroen: Really. That must be devastating for him.

Cathy: Yeah (upset) but he's still a gentleman.

Jeroen: He's a gentleman. You mean he doesn't complain?

Cathy: No.

Jeroen: So, where do you guys live now?

Cathy: In a house.

Jeroen: In the same house?

Cathy: No, a bigger house.

Jeroen: In the same place or different place?

Cathy: Same. This one kind of sits on a hill.

Jeroen: Is it still close to New York?

Cathy: Yeah.

Jeroen: Is it closer to the city?

Cathy: A little bit, yeah.

Jeroen: You say this is the day that he retires. What's happening? What were you looking at?

Cathy: He's on the field. I'm on the field too.

Jeroen: Is it a game in progress?

Cathy: No, an announcement. He's announcing his retirement.

Jeroen: So, it's an event?

Cathy: Yeah.

Jeroen: So, is he on the sports field?

Cathy: Yeah, and there's a lot of media, cameras. Big cameras with big flashes. The cameras are loud too.

Jeroen: The cameras are loud?

Cathy: They make a big noise when they take a picture (laughing).

Jeroen: Is it the shutter or is it the flash?

Cathy: I don't know, but it's just loud - maybe the flash, maybe.

Jeroen: They use the flash at night?

Cathy: It's daytime.

Jeroen: Are there a lot of people?

Cathy: Yeah.

Jeroen: Are they like chanting or cheering?

Cathy: Yeah, but it's sad too.

Jeroen: What are they saying?

Cathy: They're just sad to lose him.

Jeroen: How do they call him?

Cathy: Luke, Lou.

Jeroen: How does your husband feel about this?

Cathy: He's quiet.

Jeroen: How about you? How does your body feel? Is it still heavy or did it change?

Cathy: Yeah, still heavy. I feel sad.

Jeroen: Did the doctors know what's going on with your son?

Cathy: Not sure, not sure.

Jeroen: It would be a little worrisome, huh?

Cathy: Yeah.

Jeroen: Is it something that is progressive?

Cathy: Yeah, but he'll be okay.

Jeroen: He'll be okay?

Cathy: Yeah.

Jeroen: As long as he doesn't play?

Cathy: Yeah,

Jeroen: Okay. So, you're not too worried about it?

Cathy: No, he's gonna be okay.

Jeroen: So, did he ever become, did he make a lot of money doing what he did?

Cathy: Yeah.

Jeroen: So, is that why you moved to a bigger house?

Cathy: Yeah. He took care of us.

Jeroen: That's really nice of him. Does he have a woman? Is he married?

Cathy: Yeah.

Jeroen: So, he lives at his own place now?

Cathy: He does, yeah. She doesn't visit.

Jeroen: Why?

Cathy: She doesn't like to come to our house so he comes by himself.

Jeroen: Why doesn't she like to?

Cathy: She's a funny lady.

Jeroen: So, when you say "funny lady." do you not like her?

Cathy: She likes things her way.

Jeroen: What do you call her?

Cathy: Eleanor.

Jeroen: Do you think she loves your son?

Cathy: Yeah.

Jeroen: That must feel nice being his mom that he has somebody you genuinely loves him?

Cathy: Yeah, but there were better ones (laughing).

Jeroen: You would prefer him to be with a better one?

Cathy: Yeah.

Jeroen: Do they have any kids?

Cathy: Nope.

Jeroen: Did he ever want any or?

Cathy: I don't think she could have kids.

Jeroen: Do you think your son loves her?

Cathy: Yeah.

Jeroen: Good. Then it sounds like at least they're happy together.

Cathy: Yeah, he's a good boy.

Jeroen: It sounds like you did a good job raising him.

Cathy: Oh, Thank you (happy).

Jeroen: So he's retiring, announcing his retirement. That's an important day. Did he talk to you about what he's going to be doing after his retirement?

Cathy: He's gonna to work for the Mayor.

Jeroen: Doing what?

Cathy: Just working for the city.

Jeroen: A city employee?

Cathy: Yeah.

Jeroen: But at least he got a job. So, does he have a large group of friends?

Cathy: She doesn't like too many people.

Jeroen: So, she kind of controls that?

Cathy: Yeah.

Jeroen: Who is his best buddy?

Cathy: He has friends on the team that he likes. He likes the managers, the team, some of the trainers, but mostly baseball friends.

Jeroen: Is there anybody in particular that he likes?

Cathy: Louis?

Jeroen: He is a pretty nice guy, huh?

Cathy: Yeah. He likes all people.

Jeroen: Did he make any enemies now? It's such a high profile sport.

Cathy: He doesn't like Babe Ruth.

Jeroen: What happened?

Cathy: It was bad. He was bad to Lou's wife. He tried to make moves to his wife.

Jeroen: To Eleanor?

Cathy: Yeah.

Jeroen: Oh! Well, that's understandable that he doesn't like him, huh?

Cathy: Yeah.

Jeroen: So, they're not friends I suppose?

Cathy: They used to be friends. They were good friends before.

Jeroen: Alright. So, it was good to look at this scene. We are now moving on. Feel yourself drifting and floating away from this scene. Drifting, moving away through time and space. On the count of three, you will be at the next important scene for you to look at in this lifetime of this woman, whatever you consider to be important. One, two, three. What's happening now?

Cathy: Now it's just me. No husband and no son.

Jeroen: Where are you now?

Cathy: Sitting outside at my house - a different house.

Jeroen: A different house. Is it smaller or bigger?

Cathy: It's a smaller house. There's a little boy.

Jeroen: Where is he?

Cathy: He's the son of my friends.

Jeroen: And he's just over to keep you company?

Cathy: Yeah, and they're over too.

Jeroen: Is everybody sitting outside?

Cathy: Yep.

Jeroen: Are you sitting outside? On the porch or where are you sitting?

Cathy: We're just sitting outside in the backyard. Kind of having fun. Kind of playing games.

Jeroen: Is there any food there as well?

Cathy: Yeah, there's food.

Jeroen: What kind of food do you eat at parties?

Cathy: There's pork that we cooked outside.

Jeroen: How old does your body feel?

Cathy: It feels older, but not as heavy.

Jeroen: How do you feel about that?

Cathy: Better.

Jeroen: Do you still have to do all that work every day? Cleaning?

Cathy: Yep, but I like to do that.

Jeroen: Keep busy?

Cathy: Yeah.

Jeroen: So, what kind of party are you guys having? Is it somebody's birthday?

Cathy: No, just having them over.

Jeroen: So what about your husband?

Cathy: He died.

Jeroen: Recently or a long time ago?

Cathy: A couple years ago.

Jeroen: How was that for you?

Cathy: It was sad, sad.

Jeroen: Was your boy still there when your husband died?

Cathy: No.

Jeroen: So, what happened to your boy?

Cathy: He died.

Jeroen: I'm so sorry. A long time ago?

Cathy: Yeah (sadness in voice).

Jeroen: That must have been so hard?

Cathy: Yeah.

Jeroen: What happened to him?

Cathy: He just couldn't live anymore. His body just stopped - he couldn't do it.

Jeroen: Did you know it was coming or was it unexpected?

Cathy: Yeah, it was pretty quick. It's too bad he didn't have any kids.

Jeroen: Because then you could have been a grandmother.

Cathy: Yeah.

Jeroen: So, you're kind of all alone. You're like the only one left now.

Cathy: Yeah.

Jeroen: How do you feel in general?

Cathy: I miss 'em.

Jeroen: Are you lonely or do you feel like you have a pretty good life?

Cathy: I'm okay.

Jeroen: It sounds like you have friends coming over?

Cathy: Yeah.

Jeroen: Was he seen by doctors?

Cathy: Yeah, they couldn't do anything.

Jeroen: Do they know what it was?

Cathy: They think he had a problem with his nervous system. I don't know.

Jeroen: Did your husband die of the same thing?

Cathy: Nope.

Jeroen: How did he die?

Cathy: Heart.

Jeroen: Of a heart attack?

Cathy: Yep.

Jeroen: How this affect your husband that your son died?

Cathy: He had a tough time - drank a lot.

Jeroen: How did you deal with it?

Cathy: I just kept busy.

Jeroen: Did you cry at all?

Cathy: Yeah. (sad)

Jeroen: Did you live by yourself or did you have friends you could cry with?

Cathy: A lot by myself.

Jeroen: I'm very sorry to hear that.

Cathy: Thank you.

Jeroen: So, what's important about today?

Cathy: This kid is the same age that my grandkids would be - this little boy.

Jeroen: I see.

Cathy: So, he's like a grandson.

Jeroen: Do you love him?

Cathy: Yeah.

Jeroen: Do you have a little nickname for him?

Cathy: Joey.

Jeroen: Alright. It sounds like a pretty good scene. It was good to look at this scene as well. So, we are now moving, drifting on from this scene. Drifting and floating away from this scene. Drifting and floating through time and space. On the count of three, you will be at the last day in the life of this woman's life. The last day of this woman on the count of three. One, two, three, what's happening now?

Cathy: In the hospital.

Jeroen: What does it look like? Are you in a room by yourself or several people?

Cathy: I think, like the doctors are working on my body.

Jeroen: Is it like an operation? A surgery?

Cathy: Maybe.

Jeroen: Are you awake?

Cathy: I can't feel my body.

Jeroen: You can't feel your body?

Cathy: No. I don't feel any pain.

Jeroen: That's good. What's going on with your body? What part of your body is not working anymore?

Cathy: Might be heart, but I don't know.

Jeroen: What does it feel like? What part of the body? I can't tell.

Cathy: Somewhere in the middle.

Jeroen: Are you older now?

Cathy: Yeah. Sixty-two.

Jeroen: Whatever happened, you are now on the other side of it. You are out of the body and you can look down on the body. You're on the other side. What does the body look like right now?

Cathy: Old and tired, heavy.

Jeroen: What position is it in?

Cathy: Just laying down on a table.

Jeroen: On the back?

Cathy: Yeah, with the hair down.

Jeroen: What color is the hair now?

Cathy: Grey.

Jeroen: What's happens to the body? Is there going to be a service?

Cathy: My hands look swollen. Yeah, they're gonna have a cremation.

Jeroen: Will there be a lot of people at the service?

Cathy: Yeah, there might be. There will be. Not family though.

Jeroen: Why not?

Cathy: No family, mostly strangers.

Jeroen: Did you have any sisters or brothers in that lifetime?

Cathy: Yeah. A brother and a sister.

Jeroen: Are they dead already?

Cathy: I don't know because I didn't see 'em since I was little.

Jeroen: Did they live in the same country?

Cathy: No.

Jeroen: So, every lifetime has a lesson. Every lifetime has a learning? What did you learn from this lifetime? What was your learning?

Cathy: How to let go.

Jeroen: And did you learn the lesson?

Cathy: Yeah, but it's still sad.

Jeroen: How did you learn that lesson in this lifetime?

Cathy: Losing a son.

Jeroen: That would be a tough one to learn.

Cathy: Yeah.

Jeroen: So, what's the place like right now, from where you're watching this?

Cathy: Peaceful.

Jeroen: Is there anything or anybody around you?

Cathy: A dog (laughing).

Jeroen: Is it a dog that you know?

Cathy: A little dog, yeah. Jidge.

Jeroen: Was the dog with you when you were alive?

Cathy: Yeah.

Jeroen: Have Jidge take you where you need to go. Take you where you need to go. What do you see?

Cathy: Family.

Jeroen: Who is there? Lou is there?

Cathy: Yeah.

Jeroen: It must be good to see him. What does he do?

Cathy: Hug me. (whispering, emotional)

Jeroen: Is anybody else with you?

Cathy: My parents.

Jeroen: It must be good to see them too, huh?

Cathy: Yeah.

Jeroen: Anybody else?

Cathy: Husband.

Jeroen: How does he look?

Cathy: Better (laughing).

Jeroen: It must be great to see them again.

Cathy: Yeah.

Jeroen: Ask your son, what happens now?

Cathy: What happens now?

Jeroen: What does he say?

Cathy: He says, "You're here."

Jeroen: He's probably happy about that?

Cathy: Yeah. I don't see Eleanor (giggling).

Jeroen: But everybody looks happy?

Cathy: Yeah.

Jeroen: What do your surroundings look like or feel like?

Cathy: Green grass. Cool weather, like crisp.

Jeroen: How do you feel in your heart?

Cathy: Happy.

Jeroen: Ask Lou, ask him why he needed to leave this lifetime so early?

Cathy: Why did you have to leave so early? Why did you leave me? He said, "I chose this."

Jeroen: Why did he chose it?

Cathy: Lou said, "Better to have lived."

Jeroen: What else do you want to ask him?

Cathy: Will I see you again?

Jeroen: What does he say?

Cathy: "I will find you."

Jeroen: Does he know what's in store for you guys?

Cathy: I don't know.

Jeroen: What do you feel like?

Cathy: It's making me cry (crying).

Jeroen: It's okay. What is the feeling? Is it happiness to see him again?

Cathy: I feel like I missed him (crying). But he said "I will find you."

Jeroen: So it affirms the connection?

Cathy: Right (crying).

Jeroen: So, what do you feel now?

Cathy: I feel like he did find me (crying). In Christian, he did.

Jeroen: He is Christian?

Cathy: Yeah.

Jeroen: So, he kept his word?

Cathy: Yeah. Now what? Now what are we going to do? (crying, laughing).

Jeroen: It's okay, we'll find out.

Cathy: (still crying).

Jeroen: We are going to move on from the lifetime of this person. Now we are going to talk to the subconscious of Cathy. Do I have your permission to talk to the subconscious of Cathy?

Cathy: Yes.

Jeroen: What was the purpose of this lifetime?

Cathy: To heal, to feel complete.

Jeroen: Is there anything you can do for Cathy?

Cathy: Love, to come from a place of love. Let go of the need to please others.

Jeroen: What is the purpose of Cathy and Lou coming together again in this lifetime?

Cathy: Just completion.

Jeroen: Do they have to work anything out together?

Cathy: To re-live the good times too.

Jeroen: What is Cathy's purpose in this lifetime? What is she here to do?

Cathy: Send the message of peace, healing, light, and love.

Jeroen: How is she to do it?

Cathy: To share the story with other people.

Jeroen: What story is that?

Cathy: The story is how love can surpass one lifetime.